

February 4, 2018



## The Episcopal Church of Bangor in Caernarvon



Founded in 1722  
2099 Main Street  
Churchtown, Narvon, Pennsylvania 17555  
The Rt. Reverend Audrey Scanlan, Bishop  
The Reverend Canon Mark A. Scheneman  
Priest in Charge

*Historic Bangor Episcopal Church, the mother church of the Diocese of Central Pennsylvania, seeks to be a community in Christ Jesus celebrating our heritage, vibrant in our worship, and engaged in ministry and mission as we approach the 300<sup>th</sup> anniversary of our founding.*

# This Sunday at Bangor Church

February 4, 2018

## The Fifth Sunday after the Epiphany

10:00 AM **HOLY EUCHARIST**, Rite I

11:10 AM Fellowship Hour (Church House)



In today's appointed psalm, we read "He heals the broken-hearted and binds up their wounds." Hopefully, this will not be a prediction of how Philadelphia area people will be feeling after the big Super Bowl game Sunday evening! (See below for Fr. Mark's thoughts on "Super Sunday.")

In the Gospel Jesus heals the mother-in-law of Simon Peter at their home in Capernaum and people gather to be cured of "various diseases."

The ministry of Jesus and his proclamation of the Good News of the Kingdom feature the themes of healing and wholeness. Every Sunday is "Super Sunday" for Christians, the Day of Resurrection.

Please join us for our time of refreshment and fellowship in the Church House following the service.



### From Fr. Mark: "Super Sunday"

This is going to be "Super Sunday," and for all you Philadelphia Eagles fans, this is a very big day. Good luck. If you need to wear your "Iggles" gear, I will understand. We might even include in the Prayers of the People some plea for divine blessing for the backup quarterback.....



I have to admit, I have preached some “Super Sunday Sermons,” smiled when members showed up sporting their team jerseys, and even enjoyed banter about prayer for the players. I know a few churches hold Super Bowl parties. Many congregations use the occasion to leverage donations for the “Souper Bowl” giving to local food banks.

Truth be told, Super Bowl Sunday is the biggest Sunday of the year, except maybe for Easter. And if there is a common American experience, it is probably on display the day of the biggest game of the season. Super Bowl Sunday has become a dress-down, gastronomic free-for-all, second only to Thanksgiving Day as an occasion for overdoing it.

To be candid: I enjoy watching football and always look forward to the Super Bowl. I joyfully anticipate the game-day food. I even look forward to all those zany commercials. I feel guilty about it. But Lent will be here in another week, so there will be time to atone for my overindulgence and repent of my materialism.

For Christians, though, every Sunday is Super Sunday; every Sunday is the Day of Resurrection and the first day of the week. We might not be able to rival the excesses of the Super Bowl, thank goodness. But we do offer real food. We gather to be fed by Word and Sacrament. We gather in community, not to be happy, but to be whole. And we are called not to rugged independence but rather to unapologetic interdependence.



We aren't upset when we don't win. Life is full of lots of losing. Our story is about death and resurrection. Death is not the end. God will have the last word. And when all the highs and lows of life are over, when the crowds have gone and the cleanup begins, we know that God will have the last word. We know that no matter what team we

root for and no matter who wins, we are deeply loved. Every Sunday is Super Sunday. If you haven't discovered this, I invite you to join us for

“the food that endures.” You don’t have to wait a whole year. And you will be a winner.

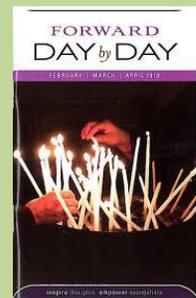
Mark+

### **Coming Events**

Ash Wednesday	February 14
First Wednesday Lenten meal and program	February 21

### **Announcements**

+The new edition of “Forward, Day by Day” is now available in the literature rack in the entrance Narthex of the church. This edition covers February-April. Please take one. You might find that it is a helpful companion for Lent this year.



+ There will be a gathering of the Prayer Shawl Ministry at Marge Dailey’s home on Friday, February 9 at 9:30 AM. All are welcome to attend, non-knitters too! For more information, please contact Marge.

+Lent begins on Wednesday, February 14. We will have our evening Ash Wednesday service in the church at 7:00. During Lent, we will continue our pattern of Lenten Wednesday meals and programs, beginning February 21 with a soup dinner at 6:00, followed by a program. The Lenten series this year will be “Bible Basics.”

+Our prayers have been asked for Kathy Weaver, Mavis Pacchioli, Dyls Glew, Jim Chubb, Eleanor Hertzog, Shirley Smith, Lynn Schneider Schauer, Carol Greenfield, Paul Jones (husband of Dean Kathy Jones of Bangor Cathedral), Irene and Bill Gundlah, Lois Benedix, Stan Imboden, Bob Dailey, Susan Hill, and Rich Haddock.